

The Reservoir - Broad Scale Habitat Mapping 2013



Prepared
for

**Environment
Southland**

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Cover Photo: Western end of The Reservoir with beds of *Ranunculus trichophyllus* (Water buttercup) in the foreground.



Northern end of The Reservoir (18 February 2013).

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By

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THE RESERVOIR - EXECUTIVE SUMMARY

This report summarises the results of the 2013 broad scale habitat mapping of the Reservoir, a small (48ha) shallow coastal freshwater lake in eastern Southland. It is one of several shallow lakes in Environment Southland's long-term monitoring programme. The following sections summarise broad scale monitoring results, macrophyte condition ratings, overall lake condition, and monitoring and management recommendations.

BROAD SCALE RESULTS

- Muddy sand and sandy mud dominated the lake sediments, with sulphide-rich anoxic muddy sands towards the southern end.
- Very low water clarity (0.8m). Previous data indicates elevated nutrients and phytoplankton.
- Macrophyte cover was estimated at 35% of the total lake area.
- Maximum depth of macrophyte cover (MCD) was 2.2m.
- The final LakeSPI score indicates that the lake is currently expressing 53% of its maximum potential for submerged macrophyte growth.
- Native macrophyte cover was estimated at 34% of the lake area with the dominant species being the red pondweed *Potamogeton ochreatus*, and to a lesser extent, milfoil *Myriophyllum triphyllum*, the charophyte *Nitella hookeri*, the small turf species *Glossostigma elatinooides*, and *Ruppia polycarpa*.
- Introduced macrophyte cover occupied 1.3% (or 0.65ha) but was spread over 6% (2.7ha) of the total lake area. The main species were Canadian pondweed (*Elodea canadensis*) and water buttercup (*Ranunculus trichophyllus*).
- The shallow edge emergent zone was dominated by the rush *Juncus edgariae*.
- Turf species (in the 0-1m depth zone) were dominated by *Glossostigma elatinooides* over the majority of the lagoon, and *Ruppia polycarpa* along the sandy, southern border adjacent to the sea.
- In the 1.0-1.5m depth zone, red pondweed *Potamogeton ochreatus*, the native milfoil *Myriophyllum triphyllum*, and the introduced Canadian pondweed *Elodea canadensis* were dominant.
- In the 1.5-2.2m depth zone, the charophyte *Nitella hookeri* was dominant.
- The 200m terrestrial margin was highly modified and dominated by pasture (83%), and duneland (16%).

LAKE CONDITION AND ISSUES

In relation to the key issues addressed by the broad scale monitoring (i.e. sedimentation, eutrophication, and habitat modification), the 2013 results indicate that the lake is almost certainly excessively enriched and moderately eutrophic, with symptoms of depleted aquatic macrophyte cover and low water clarity. Multiple shallow lake studies from overseas indicate that submerged macrophyte cover needs to be >50% to ensure a clear water state. Because water clarity was very low (0.8m), and macrophyte cover was at the lower end of this guideline (53% of its potential), and included invasive species, ongoing monitoring and management is recommended. The presence of such moderately eutrophic conditions is expected to impact food availability for fish and birdlife, and shows the ability of the lake to assimilate nutrient and sediment loads from the catchment is currently exceeded.

RECOMMENDED MONITORING AND MANAGEMENT

It is recommended that broad scale habitat mapping of macrophyte diversity and abundance be undertaken during Jan-March at 5 yearly intervals and that this include representative permanent transects. Such a survey will provide sufficient data to establish lake trophic condition trends using macrophyte based tools and guidelines such as LakeSPI, and the results of similar type lake studies. In addition, on each sampling occasion, it is recommended that water quality data (DO, conductivity, temperature, secchi disc, total nitrogen and total phosphorus) also be measured at one central site, and that broad scale mapping includes identification of sediment substrate type and presence of visible sulphides throughout the lake.

To improve the lake macrophyte cover to a level that ensures a clear water state with improved water clarity (i.e. achieve a target of approximately 50% macrophyte cover and improve the LakeSPI score), the following management actions, undertaken in a step-wise fashion, are recommended:

- determine likely success of nutrient load reductions to improve water clarity.
- determine appropriate nutrient load guidelines.
- determine current nutrient loads.
- reduce input nutrient loads to meet guidelines.
- manage invasive aquatic plants.

All photos by Wriggle except where noted otherwise.

1. INTRODUCTION



Figure 1. Location of the coastal freshwater lake, The Reservoir, and its catchment (shown as red line).



OBJECTIVES

The Southland region has a number of coastal freshwater lakes in developed catchments that are relatively shallow and poorly flushed. Determining the condition of these shallow lakes is important to Environment Southland (ES) in fulfilling its resource management role for the region.

In early 2013, Environment Southland contracted Wriggle Coastal Management to undertake broad scale habitat mapping of four shallow freshwater coastal lakes in their region: The Reservoir, Lake Vincent, Lake Murihiku, and Lake George.

The aim of these assessments was threefold:

1. To provide an overview of the major habitats, in particular the spatial distribution of the major sediment substrate types and plant species, and water column characteristics.
2. To assess the general condition of the lake, particularly in relation to sedimentation and eutrophication, in order to determine the extent the lakes are currently impacted from agricultural developments in their catchments.
3. To enable the design of appropriate long term, fine-scale monitoring programmes for each of the lakes.

This approach follows a similar procedure to that used for the Environment Southland estuary and coastal lagoon monitoring programmes, and is specifically designed to provide defensible, cost effective monitoring of shallow bodies of water. This report summarises the results of the survey undertaken on 18-22 February 2013 in The Reservoir (Figure 1).

SETTING

The Reservoir is a small shallow lake (48ha) situated 250m from Haldane Beach in eastern Southland between the Haldane Estuary and Porpoise Bay. The lake was formed from the damming of a small coastal creek, the outlet of which is now located at the southwest end of the lake. The lake outlet is not regulated and drains to the lower reaches of Haldane Estuary.

The headwaters of the lake's catchment are indigenous forest, but the lake's small catchment (560ha) is dominated by intensive agriculture including dairying (Figure 1). The small catchment results in a relatively low freshwater inflow to the lake and consequently water stays in the lake a reasonably long time before it leaves via the outlet (estimated residence time of 55 days). The lake is bordered by sand-dunes to the south.



1. Introduction (Continued)

BACKGROUND

Shallow lakes are defined as generally:

- having an average depth of less than three metres and therefore interactions between the sediment, water phase and biological components are closely interrelated.
- being able to support large aquatic plant life.
- not being stratified - their shallow depth means the lake's water is stirred up regularly due to wind and wave action.

Key Threats

The key shallow lake threats are identified as eutrophication, sedimentation, disease risk, toxicity and habitat loss (Table 1). Because excessive nutrient and fine sediment inputs are the major risk to the four Southland coastal lakes surveyed, a more comprehensive discussion on the eutrophication process in shallow lakes, and the methodologies used for its assessment, particularly in relation to macrophytes, is presented in the following section.

Table 1. Summary of the major issues affecting most NZ shallow lakes.

Major Shallow Lake Issues	
Sedimentation	Because shallow lakes are a sink for sediments, their natural cycle is to slowly infill with fine muds and clays. In the last 150 years, with catchment clearance, wetland drainage, and land development for agriculture and settlements, many NZ shallow lakes have begun to infill rapidly. Today, average sedimentation rates in our shallow lakes are typically 10 times or more higher than before humans arrived.
Eutrophication (Nutrients)	Excessive nutrient enrichment of shallow lake ecosystems, particularly with phosphorus, stimulates the production and abundance of fast-growing algae, such as phytoplankton and short-lived macroalgae, at the expense of rooted aquatic macrophytes. Maintenance of a healthy aquatic macrophyte community in shallow lakes is beneficial to overall ecosystem health as their loss negatively affects macro-invertebrate diversity, fisheries, bird populations, filtering of water pollutants, and the ability of shorelines and benthic habitat to resist sediment resuspension. The presence of macrophytes has been shown to be important for modifying nutrient concentrations and reducing the potential for algal blooms. However, at high nutrient concentrations, submersed macrophytes are absent and the lakes are algal-dominated. Target nutrient concentrations to maintain macrophyte growth in shallow lakes are difficult to predict, as a lake's response is often dependent on a number of site-specific variables (e.g. depth, substrate type (particularly mud content), humic content, wind exposure, residence time, mixing).
Disease Risk	Runoff from farmland and human wastewater often carries a variety of disease-causing organisms or pathogens (including viruses, bacteria and protozoans) that, once discharged into the shallow lake environment, can survive for some time. Every time humans come into contact with lake water that has been contaminated with human and animal faeces, we expose ourselves to these organisms and risk getting sick. Diseases linked to pathogens include gastroenteritis, salmonellosis, hepatitis A, and noroviruses.
Toxic Contamination	In the last 60 years, New Zealand has seen a huge range of synthetic chemicals introduced to lakes through urban and agricultural stormwater runoff, industrial discharges and air pollution. Many of them are toxic in minute concentrations. Of particular concern are polycyclic aromatic hydrocarbons (PAHs), heavy metals, polychlorinated biphenyls (PCBs), and pesticides. These chemicals collect in sediments and bio-accumulate in fish and shellfish, causing health risks to humans and freshwater life.
Habitat Loss	Shallow lakes have many different types of habitats including shellfish beds, macrophyte beds, marshes (rushlands, herbfields, reedlands etc.), forested wetlands, shores, river deltas, and rocky shores. The continued health and biodiversity of shallow lake systems depends on the maintenance of high-quality habitat. Loss of habitat negatively affects fisheries, animal populations, filtering of water pollutants, and the ability of shorelines to resist storm-related erosion. Within New Zealand, habitat degradation or loss is commonplace with the major causes cited as population pressures on margins, drainage, reclamation, pest and weed invasion, reduced flows (damming and irrigation), over-fishing, polluted runoff, and wastewater discharges.

1. Introduction (Continued)



Eutrophication

In relation to eutrophication, shallow lakes have the potential to exist in two states – a more pristine state with clear water and aquatic plants, or a more enriched state with turbid water and suspended algae. As these lakes undergo phosphorus enrichment and/or increased muddiness, they can reach a point where they switch from clear to turbid. Whether this switch happens abruptly when a threshold level of phosphorus is reached (Scheffer et al. 1993) or gradually over many years (James et al. 2005) is somewhat controversial, yet there is no debate that when a lake switches to a turbid state, the dense algae in the water shade out the submerged plants.

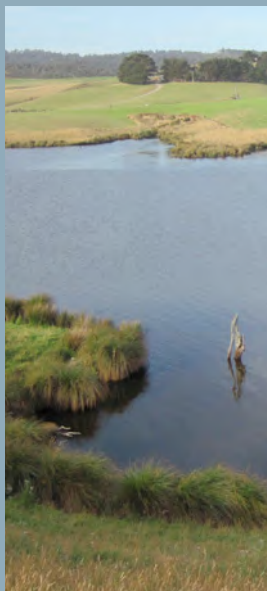
When these rooted submerged plants die, they cannot provide the benefits that reduce the impacts of phosphorus (e.g. they no longer stabilise sediments with their roots, support attached algae which take up phosphorus from the water, or provide daytime cover for zooplankton which emerge at night to feed on suspended algae). This means that shallow lakes without macrophytes are more prone to algal blooms and water quality deterioration (i.e. eutrophication) than lakes with macrophytes. They also require a greater nutrient load reduction to switch back to a clear macrophyte dominated state.

Consequently, there is now a strong emphasis on macrophyte abundance and diversity monitoring as a tool for assessing the ecology and trophic status of shallow lakes (e.g. Ecological Status Macrophyte Index).

Summarised below are a list of the important findings related to using macrophytes for trophic state assessment in shallow lakes <3m mean deep.

- **Oligotrophic and mesotrophic shallow lakes** are likely to have the entire lake sediment surface covered by macrophytes (O'Sullivan and Reynolds 2004). Often they will be covered with charophytes in the more oligotrophic state, and change to a more diverse and productive community as the level of enrichment rises, including native charophytes, milfoils, pondweeds, turf plants, emergents and *Isoetes*. A shift to include dense growths of invasive plants such as *Potamogeton crispus*, elodeids (i.e. *Elodea canadensis* and the more nuisance-prone *Lagarosiphon major*) and epiphytic macroalgae can occur in their more enriched state (e.g. Waiau lagoon - Stevens and Robertson 2011). In the stable state, phytoplankton levels, and therefore chlorophyll-a concentrations, are consistently low (<0.010-0.015mg/l chlorophyll-a) (Sayer et al. 2010).
- **Eutrophic shallow lakes** are characterised by a reduction in species diversity, the development of bare areas, an eventual decline in macrophyte growth to low levels or a complete absence (De Nie 1987), and an accompanying increase in phytoplankton (chlorophyll a concentrations consistently >0.015mg/l) and phosphorus (TP >0.04-0.05mg/l) (Sayer et al. 2010). At TP concentrations above approximately 0.15 mg/l, the likelihood of low macrophyte growth is very high. For example, in a 13-year study of 11 Dutch lakes, Coops et al. (2007) found that submerged vegetation cover >20% never occurred when TP was >0.15 mg P.l⁻¹, while coverage was always higher than 20% with TP <0.08 mg P.l⁻¹. Bachmann et al. (2002) studied macrophyte abundance and water quality in 319 mostly shallow, fully mixed, Florida lakes and showed that if TP >0.16 mg/l, TN >3.75mg/l and chlorophyll a >0.18mg/l, then submersed macrophytes would be predictably absent and the lakes algal dominated. Below these levels, macrophyte abundance could be high or low. Søndergaard et al. (2010), in a study of 300 mostly shallow Danish lakes, showed that plant cover varied according to TP range as follows; TP 0.03-0.07 mg/l macrophyte coverage ranged from nearly 0 to 100%; TP 0.10-0.20 mg/l only 29% of the lakes had coverage >10%. The surveys of Danish shallow lakes indicates that the shift from macrophytes to phytoplankton takes place at TP concentrations in the range 0.05-0.125mg/l.

1. Introduction (Continued)



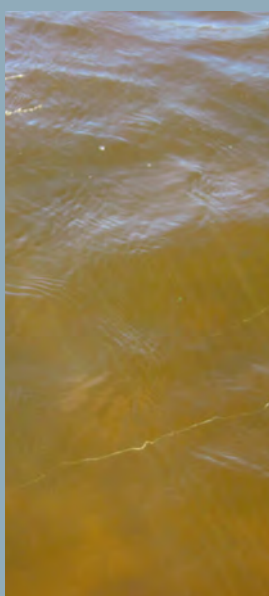
Such findings are important considerations in the design of long term monitoring programmes for shallow freshwater lakes. Clearly, monitoring the key trophic state indicators of TN, TP, chlorophyll a and secchi disc alone to describe a lake's condition in relation to eutrophication, as often occurs in New Zealand (i.e. using Carlson's TSI or Burns (1999) trophic state indicators - Table 2), is likely to be very limited in determining which of the two trophic states it is in - a more pristine state with clear water and aquatic plants, or a more enriched state with turbid water and suspended algae. At best, they can provide guidance on nutrient concentrations targets for lakes where macrophyte cover and diversity is not reaching its full potential (e.g. if macrophyte cover was only 50% of full potential for that lake and P was identified as the likely cause, then reducing P to meet the mesotrophic guidelines should ensure a macrophyte recovery).

Table 2. Values of variables defining the boundaries of different trophic levels for NZ lakes (Burns et al., 1999).

Nutrient Enrichment Category	Trophic State	Trophic Level	Chlor. a (mg/m ³)	Secchi Disc (m)	TP (mg/m ³)	TN (mg/m ³)
Low	Oligotrophic	2-3	< 2	> 7	< 10	< 200
Medium	Mesotrophic	3-4	2-5	3-7	10-20	200-300
High	Eutrophic	4-5	5-15	1-3	20-50	300-500
Very high	Supertrophic	5-6	15-30	0.5-1	50-100	500-1500
Extremely high	Hypertrophic	6-7	> 30	< 0.5	> 100	> 1500

- Maximum Depth of Submerged Plant Colonisation (MCD).** Maximum colonisation depth (MCD) is widely recognised as a simple proxy measure of macrophyte abundance in deeper lakes, but it is not as useful in shallow lakes unless the MCD is less than the bottom depth. It is sensitive to eutrophication (Søndergaard 2007) and climate change (Birks 2000).
- Macrophyte Cover Required to Ensure a Clear State.** Various overseas studies have shown that submerged macrophyte cover needs to be >30-60% to ensure a clear water state. For example, it has been suggested that coverage should be >30% to ensure maintenance of a clear water state in shallow lakes (Jeppesen et al. 1994, Kosten et al. 2009), but coverage of 50% (Tatrai et al. 2009) or 60% (Blindow et al. 2002) has also been reported. In a recent review, 50% coverage has been used as a conservative level to ensure a clear water state.
- Charophyte Dominance.** Charophyte dominated vegetation represents the optimum state for most shallow lakes because it enhances water clarity and reduces phytoplankton growth. This effect is caused by enhanced sedimentation and reduced sediment resuspension within charophyte meadows (Van den Berg et al. 1998), efficient nutrient immobilisation (Blindow 1992, Kufel and Kufel, 2002) and possibly the production of allelopathic substances (Hootsmans and Blindow 1994, Wium-Andersen et al. 1982). Many charophyte species are green in winter and therefore possibly cause less oxygen depletion in the lake during winter than annual submerged plants. In contrast to many submerged angiosperms, charophytes rarely grow to the water surface in lakes deeper than 1m and therefore they seldom interfere with boating and swimming activities in the lake. Many charophytes are heavily calcified. Therefore, in contrast to most submerged angiosperms, charophyte fragments sink to the lake bottom and do not bother swimmers.

1. Introduction (Continued)



- **Macrophyte Cover and Diversity Expressed as Percentage of Maximum Macrophyte Potential.** Measuring a lake's macrophyte abundance and diversity (including information on native and invasive species) can be used to develop a score that can be compared with maximum potential scores for that particular lake type. The recently developed LakeSPI (Lake Submerged Plants Indicators - Clayton and Edwards 2006) provides a useful tool and defensible means of trophic state assessment for deep lakes, but is not particularly suited for shallow lakes. This is because the indices are based on measuring macrophyte abundance and diversity on up to 5 transects per lake, rather than the recommended method for shallow lakes (<3m mean depth) of measuring abundance over the whole lake (e.g. Søndergaard et al. 2010). Only measuring plant cover along transects out to the MCD, as in the unmodified LakeSPI approach, overlooks the significance of the extent of the unvegetated area and therefore trophic status, in shallow lakes. As a result, one shallow lake with 80% macrophyte cover can score the same as another lake with only 35% macrophyte cover (e.g. Reservoir and Lake Vincent, see results in Section 3).

In order to improve the predictive abilities of the LakeSPI for shallow lakes, the approach was modified by adding an additional indicator to the methods (see Table 3) called the Lake Macrophyte Cover Index, adjusted for density. The results using both methods are presented and discussed later in the report for each of the four lakes surveyed. By monitoring trends in this score, information is provided that indicates the lakes general trophic states, and identifies management priorities.

- **Water Colour.** Another factor that strongly influences macrophyte cover is water colour. In a study of 700 European lakes (Søndergaard et al. 2012) found that at colours above 100 PCU, the maximum depth of plant colonisation rarely exceeded 2m, but the maximum depth could still reach up to 5m at 60–70 PCU. Bachmann et al. (2002) shows that Florida lakes with <50 PCU can have as much as 100 percent of the lake bottom covered in plants. However, once the true colour exceeds 50 PCU, the percentage of the bottom that is covered seldom exceeds 40%. This is most likely due to reductions in light penetration caused by the stained water.

In summary, it is apparent that regular monitoring of macrophyte cover is the preferred method for assessing the trophic status of a shallow lake, rather than physical, chemical and chlorophyll a variables alone (Søndergaard et al. 2010). In addition, available information indicates that there are sufficient methods and indices available to interpret the monitoring data and identify appropriate management approaches.

Previous Surveys

Limited scientific studies of three of the 2013 surveyed lakes, George, Vincent and Reservoir, have been previously undertaken as follows:

- Historical Environment Southland data collected during a 2004 survey of New Zealand shallow coastal lakes (Drake et al. 2009, 2010).
- Data collected in 2012 for Environment Southland of six shallow coastal lakes in Southland (Schallenberg and Kelly 2012). It examines the ecological condition of the lakes as represented by preliminary studies of water quality, phytoplankton, zooplankton, macrophytes, benthic invertebrates, and fish.

A summary of the findings is presented in Table 4.

1. Introduction (Continued)

Table 4. Key characteristics of three Southland shallow coastal freshwater lakes (based Schallenberg and Kelly 2012, Drake et al. 2009).

Characteristic	The Reservoir	Lake Vincent	Lake George
Lake Area (ha)	35.5ha (Note: 48ha recorded in the present survey)	17.2ha (Note: 18ha recorded in the present survey)	90.8ha (Note: 105ha recorded in the present survey, +45ha emergent rushland)
Catchment Area (km²)	5.73km ² (Note: 5.6km ² recorded in the present survey)	3.14km ² (Note: 3.4km ² recorded in the present survey)	29km ² (Note: 11.1km ² recorded in the present survey)
Mean (Max) depth (m)	5.0 (Note: 5.5m recorded in the present survey)	5.0 (Note: 6.0m recorded in the present survey)	2m (Note: 0.8m recorded in the present survey)
Landuse (%)	66% pasture, 34% natural	91% pasture, 6% natural	50% pasture, 43% natural
	2004	2004	2004
Conductivity (uS/cm)	248	282	182
Colour (abs@440nm/10cm)	0.267	0.154	0.192
Colour (PtCo Units)	48	27	34
Total Phosphorus (mg/m³)	20.7	14.7	26.7
Total Nitrogen (mg/m³)	615	563	434
Chlorophyll a (mg/m³)	10.3	1.0	6.2
Secchi Depth (m)	1.0	1.4	0.3
Euphotic Depth (m)	2.6	3.5	0.7
Trophic Status (based on TP, TN, SD, Chlor a - Burns et al 2000)	Eutrophic	Mesotrophic	Eutrophic
Macrophytes (3 x 50m transects - grab samples 2012, SCUBA 2004)	10% cover <i>Potamogeton ochreatus</i> <i>Myriophyllum triphyllum</i> <i>Ranunculus triphyllus</i> <i>Elodea canadensis</i> <i>Limosella lineata</i> <i>Elatine gratiolioides</i> <i>Glossostigma elatinoideis</i>	16% cover <i>Potamogeton ochreatus</i> (locally abundant) <i>Chara corallina</i> (locally abundant) <i>Ranunculus triphyllus</i> (locally abundant) <i>Elodea canadensis</i> (sparse)	66% cover <i>Potamogeton ochreatus</i> (locally abundant) <i>Nitella hookeri</i> (locally abundant) <i>Chara corallina</i> (locally abundant) <i>Lilaeopsis ruthiana</i> (locally abundant) <i>Glossostigma elatinoideis</i> <i>Ranunculus triphyllus</i> <i>Elodea canadensis</i> (sparse)
	2004	2004	2004
	10% cover	86% cover	0.5% cover
	<i>Potamogeton ochreatus</i> <i>Myriophyllum triphyllum</i> <i>Ranunculus triphyllus</i> <i>Elodea canadensis</i> <i>Limosella lineata</i> <i>Elatine gratiolioides</i> <i>Glossostigma elatinoideis</i>	<i>Potamogeton ochreatus</i> <i>Nitella hookeri</i> <i>Chara corallina</i> <i>Lilaeopsis ruthiana</i> <i>Limosella lineata</i> <i>Glossostigma elatinoideis</i> <i>Ranunculus triphyllus</i> <i>Elodea canadensis</i>	<i>Lilaeopsis ruthiana</i> (locally abundant) <i>Nitella hookeri</i> (locally abundant) <i>Myriophyllum triphyllum</i> (locally abundant) <i>Myriophyllum triphyllum</i> (locally abundant)
	36% cover	36% cover	36% cover
	<i>Lilaeopsis ruthiana</i> (locally abundant)	<i>Lilaeopsis ruthiana</i> (locally abundant)	<i>Lilaeopsis ruthiana</i> (locally abundant)
	<i>Nitella hookeri</i> (locally abundant)	<i>Nitella hookeri</i> (locally abundant)	<i>Nitella hookeri</i> (locally abundant)
	<i>Myriophyllum triphyllum</i> (locally abundant)	<i>Myriophyllum triphyllum</i> (locally abundant)	<i>Myriophyllum triphyllum</i> (locally abundant)
	<i>Elodea canadensis</i> (sparse)	<i>Elodea canadensis</i> (sparse)	<i>Elodea canadensis</i> (sparse)

2. METHODS

The 2013 broad scale habitat survey was undertaken in February 2013 by three experienced scientists, when submerged aquatic vegetation (SAV) exhibited maximum biomass. The methodology included the following:

- Delineation of Lake Surveys** - Since most of the lakes have never been depth sounded in detail, and this particular survey did not require high detail, an intermediate approach was taken that would provide sufficient information to map broad habitat types and depth zones. Due to the logistics of boat speed, access for boat launching, shallow depth, time limitations and weather constraints, we established a series of priority regions for the surveys based upon gathering information on all depth zones and habitat types. In general, data were collected along transects that zig-zagged backwards and forwards from shore to shore along the length of each lake. Transect spacing was approximately 50 metres, with lake sampling tracks shown in Appendix Figure 1. Terrestrial margin and emergent vegetation was additionally mapped from the shoreline and aerial photographs.
- Method of Transport** - In order to survey a large portion of each of the lakes using rapid techniques, an efficient method was needed that would work well in shallow water (0-0.5m), near shore, as well as offshore in water up to 5m depth. We used a combination of techniques as follows: wading, a dinghy and outboard motor, canoes and by or snorkelling.



- Instrumentation** - The equipment needed to record depth, identify SAV species and heights, and sample bed substrate. We decided to use a combination of techniques as follows:
 - Depth Sounder.** A Garmin Fishfinder 90 dual-beam transducer, which provides excellent shallow-water performance, was used to record depths along georeferenced transects. This unit also provided a record of depth and presence of SAV in areas where the beds did not extend to the surface or were emergent.
 - Underwater Videography.** The equipment and configuration used in this project needed to be portable on a small vessel/canoe, while ensuring acquisition of high quality video images and limiting sources of variation in acquiring and classifying SAV habitat. To overcome expected limitations due to underwater visibility, we used a lightweight compact 420TVL CCD underwater camera with 30m cable, built-in white LED lighting for illumination in darker waters (5m in pitch black), and an adjustable ballast enabling it to be tilted slightly up or down. This camera provided clear underwater video images through its attached surface viewing monitor, even during periods of high turbidity and low light conditions (Secchi depths < 0.5 m), which were occasionally encountered.

For field deployment, the camera was lowered overboard on a cable or pole, angled slightly downwards, until the bed sediments and/or SAV came into focus on the viewer.

2. Methods (Continued)



- **SAV/Substrate Sampler.** In order to sample the benthic substrate (usually mud/sand and gravel), a purpose built sediment sampler mounted on the end of a telescopic 4-5m pole was used. The sampler has a 20cm square flat bottom, two 20cm high enclosed sides and a supported open back. The front section, which digs into the sediments, is pointed. In addition, in shallow areas where sediment overflow from the sampler was not an issue, a garden hoe was used.
- **Bathyscope.** A bathyscope is a cone-shaped device (in our case 48cm high) with an 11.5cm open-ended viewing hole at the top and a 31.0cm diameter perspex transparent cover at the bottom. This device allows non-destructive viewing of the lake bed and the associated macrophyte community. The bathyscope was lowered over the side of a boat to allow assessment of the macrophyte community composition at each site where it was used.



Percent Cover
0-5%



Percent Cover
5-10%



Percent Cover
10-20%



Percent Cover
20-50%



Percent Cover
50-80%



Percent Cover
80-100%

Within the priority regions, the boat, canoe or wading person was positioned, and the substrate sampler used to carefully dig and bring up a 5-6cm deep layer of surface sediment to the surface. Representative photographs were taken, and the submerged aquatic vegetation (taxa, height, percentage cover, life stage), the sediment type, and the depth to any blackened sulphide rich layer (Redox Potential Discontinuity layer - RPD) recorded as summary information on laminated aerial photos which are subsequently used to create validated ArcMap GIS shapefiles of key broad scale habitat features throughout the lake. Examples of percentage cover classes used are shown in the margin figure. Three replicate samples were collected at each site, and sites were added until the priority region could be reliably characterised. Emphasis was placed on delineating boundaries between dominant plant species and substrate types, and changes in plant densities. Features present between sites were assessed using underwater video or direct observation. The water column at representative sites was also sampled for secchi disc clarity, dissolved oxygen, conductivity, temperature, and salinity (at surface and bottom), with summary measurements presented in Appendix 1.

The approach was based on the broad scale habitat methods described in the National Estuary Monitoring Protocol (Robertson et al. 2002), and previously applied to coastal lagoons (e.g. Stevens and Robertson 2011). Broad scale mapping summary data are presented in Section 3 and Appendix 1.



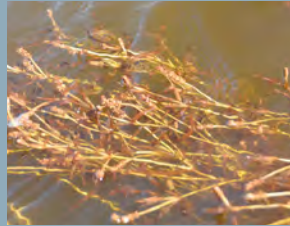
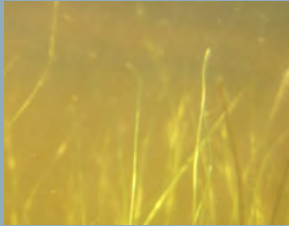
Macrophyte beds in sulphide rich sediments at southern end of The Reservoir, February 2013.

2. Methods (Continued)

Table 5. Dominant underwater plants recorded in the four Southland shallow lakes - February 2013.

Taller Growing Native Macrophytes

These are the dominant visible species of macrophytes and they include two main genera *Potamogeton* (pondweeds) and *Myriophyllum* (milfoils). These species often form a canopy above smaller turf species and charophytes, and are often dotted amongst them without seriously impacting on their density.



***Ruppia polycarpa* and *R. megacarpa* (Horse's mane weed). Photo - *R. polycarpa*, The Reservoir Feb 2013**

Ruppia polycarpa is a native surface-flowering submerged aquatic annual or perennial; stems to 50cm long, with the longer stems formed in deeper water; vegetative buds (turions) can be formed in some ephemeral habitats. Grows in fresh to hypersaline coastal lakes, lagoons and estuaries and is relatively common in the 0-1.5m depth range (depending on water clarity). Prefers sandy sediments.

R. megacarpa is a surface-flowering, large, robust perennial with long, much branched stems, thread-like long narrow leaves, and distinctive small flowers that are terminal on white stalks. Common in relatively shallow (~2m) permanent water (salinity range 5-46 PSS), although seeds require salinities in the lower end of range to germinate. Grows slowly and matures later, producing fewer, larger seeds than *R. polycarpa*. Seeds germinate and form seedlings in spring, with flowering and fruiting occur in summer and autumn.

***Potamogeton ochreatus* (Blunt pondweed). Photo - Lake Vincent Feb 2013**

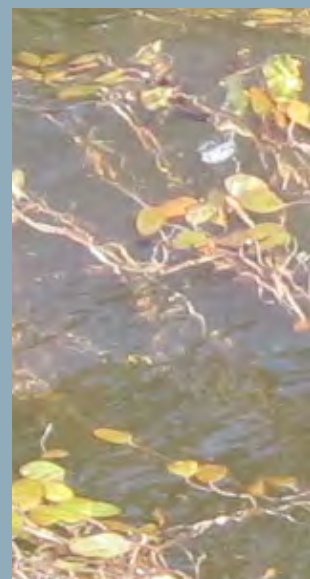
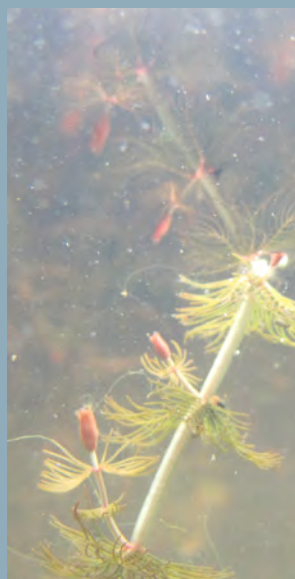
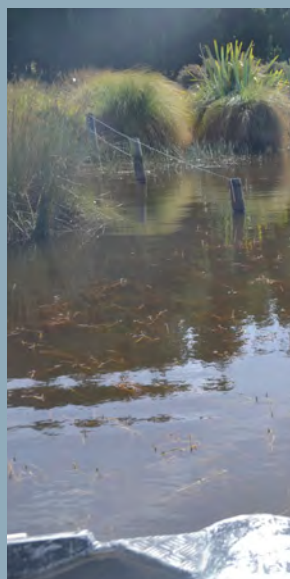
Potamogeton ochreatus is a common native pondweed species, tolerant of slightly brackish as well as fresh water. Survives low light and temperatures, and prefers high nutrient water. It forms dense mats of vegetation up to the water surface. Germinates in autumn, grows vigorously in spring, and dies off in the late summer. Decaying plant matter can make the water enriched and encourage nuisance algal mats near the sediment surface. Common in The Reservoir and Lake Vincent.

***Myriophyllum triphyllum*. Photo - Lake Vincent Feb 2013**

Myriophyllum triphyllum is a widespread native water milfoil species. Plants grow to 3m tall, have emergent and submerged leaves. Emergent stem apices (mid summer) often reddish, flowers male and female together. Emergent leaves 4-11mm long and 4mm wide. Submerged leaves pinnately divided 1.5 - 3.0cm long. Patches in Lakes George and Vincent.

***Potamogeton cheesemanii* (Red pondweed). Photo - The Reservoir Feb 2013**

Potamogeton cheesemanii is a widespread native pondweed species that is tolerant of slightly brackish as well as fresh water. Submerged or floating, rhizomatous sparsely branched perennial herb. Rhizomes rooting at nodes and producing mostly simple leafy branches; these ultimately emerge at water surface. A common plant of ponds, lake margins and slowly flowing streams. Flowering Nov-March and fruiting Dec-March.



2. Methods (Continued)

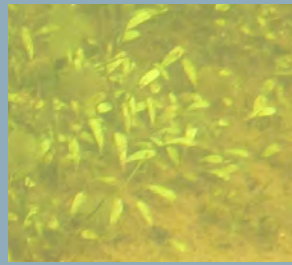
Table 5. Dominant underwater plants recorded in the four Southland shallow lakes - February 2013.

Turf Species of Native Macrophytes

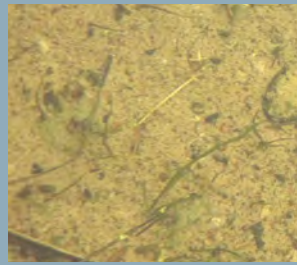
These short species grow in shallow water (up to 2m depth) along the lake shorelines that have a moderate degree of exposure. They tend to be absent on sheltered shorelines and their position is occupied by emergent macrophytes. They may also mix with the adjacent emerging plants in deeper water. *Isoetes* is often quoted as being of special value, since it can grow to greater depths (up to 6m in large clear lakes) than other turf species.



***Lilaeopsis ruthiana*. Photo - Lake George Feb 2013**
Native, submerged vascular macrophyte, rooted in substrate. Creeping herb with cylindrical septate leaves (2-5cm long). Vegetatively similar to *L. novae-zelandiae*, but leaves are often finer with paler septa. Rhizome creeping like *Ruppia*. Widespread in damp margins of waterways.



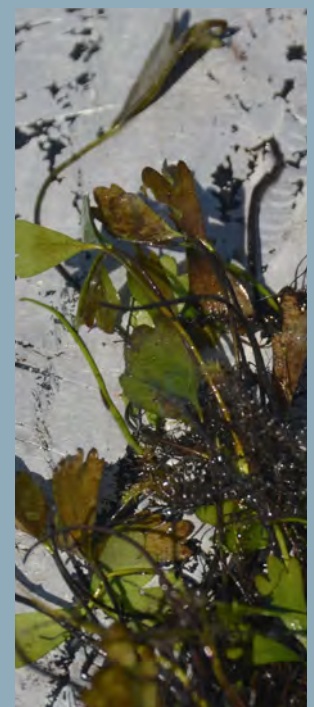
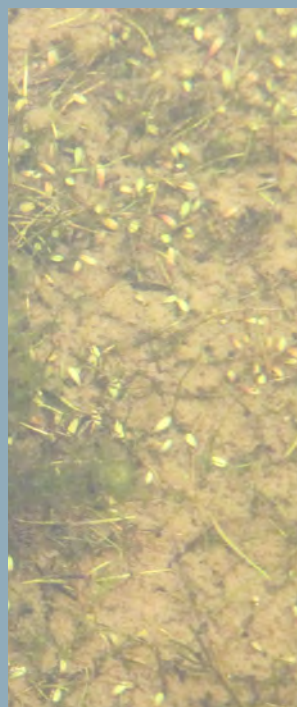
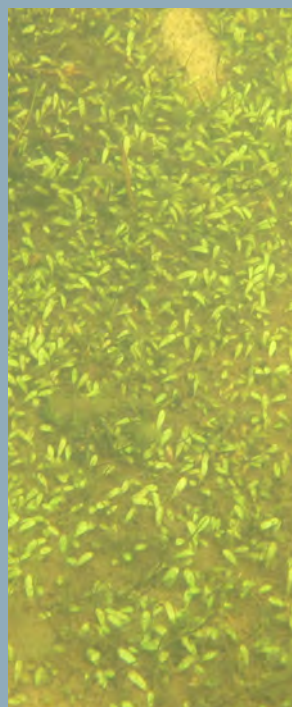
***Glossostigma elatinoides*. Photo - The Reservoir Feb 2013**
Native, submerged vascular turf macrophyte, rooted in substrate. Spatulate leaves, loose mats with leaves in pairs not tufts like *Limosella*. Widespread in North and South Islands. Common in Lakes George, Vincent and The Reservoir.



***Limosella lineata*.**
Native, submerged vascular turf macrophyte, rooted in substrate. Loose mats with leaves in tufts. Widespread in North and South Islands. Common in Lakes George, Vincent and The Reservoir.



***Ranunculus amphitrichus* (Waoriki). Photo - The Reservoir Feb 2013**
Native, submerged vascular turf macrophyte, rooted in substrate. Coastal to montane. Often partially submerged in shallow water, wet grassland and lake, pond or tarn marginal turf communities. Sometimes in moist clearings within forest or tussock grassland. Flowers in Oct-Jan (yellow flower).



2. Methods (Continued)

Table 5. Dominant underwater plants recorded in the four Southland shallow lakes - February 2013.

Charophytes (large green algae)

Charophytes are highly-developed green macro-algae that grow in mainly alkaline, freshwater lakes and ponds. They are a native species and were the dominant submerged macrophyte species in New Zealand prior to European arrival (Wood and Mason, 1977). They are sensitive to mechanical damage by bottom dwelling fish (Blindow, 1992), wind turbulence, and water clarity (Casanova and Brock, 1999). Their growth rates can be affected by more competitive plants (Wade, 1990), variable light and nutrient treatments, water depth, P concentration, and substratum particle size. Consequently, they are often absent from highly eutrophic lakes (Forsberg, 1964).

Besides aquatic mosses, charophytes are the deepest macrophytic colonists in lakes. Charophytes are a common component of the littoral zone in oligo- to moderately eutrophic water bodies. Along with increasing eutrophication, charophytes are known to give way to angiosperms, mainly to *Potamogeton* species (Ozimek and Kowalczewski 1984, Pieczyńska et al. 1988, Blindow, 1992a), to disappear finally from extremely turbid lakes.

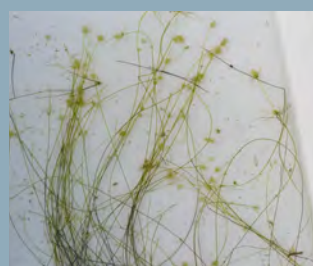
Charophytes have poorly developed root systems and most nutrient uptake is via the shoots (Kufel and Kufel 2002).

Charophytes tend to dominate in deeper water at low light intensities, particularly where the water has a high pH value. They are usually at a competitive disadvantage in shallow, moderately productive habitats. Charophytes live in all types of freshwater environments and are considered an ecologically significant component of aquatic ecosystems due to their ability to clarify the water column (Blindow et al. 2002). Charophytes prefer relatively calm waters (García 1994), and there is evidence that windy weather destabilises *Chara* spp. beds in shallow lakes (García 1994, Havens 2004). Wind-driven uprooting and sediment re-suspension may partly account for this observation (Blindow et al. 2002); however, disappearance of *Chara* spp. or long-term difficulties of recovery, even without uprooting, are among the adverse effects of wind-driven turbulence (Blindow et al. 2002).



Chara corallina. Photo - Lake George Feb 2013

Chara corallina is a widespread native submerged bottom-dwelling green charophyte algal species, that superficially resembles flowering aquatic plants. Plants are stout and crisp with turgid segments and pinched nodes, pale to bright green. The conspicuous antheridia (male sex organs) are spherical and bright orange or yellow when mature. No stem divisions in *Chara corallina*. Widespread in North and South Islands. Common in Lakes Vincent, George and The Reservoir.



Nitella sp. Photo - Lake George Feb 2013

Nitella is a widespread native bottom-dwelling, green charophyte algal species that superficially resembles flowering aquatic plants. *Nitella* sometimes creates dense carpets on freshwater or slightly saline lagoon beds, reaching depths of 30m in some clear lakes (Johnson and Brooke 1989). It is a long stringy looking plant without leaves. Stems "pop" if squeezed. Photo shows *Nitella* flowering in Lake George (February 2013). Moderate abundance in Lakes Vincent, George and The Reservoir.



Chara fibrosa. Photo - Lake George Feb 2013

Chara fibrosa is a relatively common native bottom dwelling, grey-green charophyte algal species. Many small spines grow from a central stem (generally <0.5m) with reproductive organs found near the stem, surrounded by spines. Oospores black. Most common in shallows <2m.

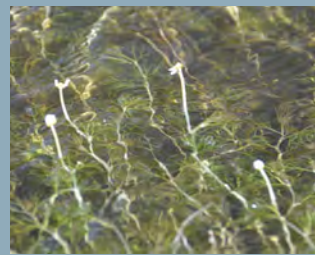


2. Methods (Continued)

Table 5. Dominant underwater plants recorded in the four Southland shallow lakes - February 2013.

Taller Growing Introduced Macrophytes

These are the dominant visible species of macrophytes and they include two main genera *Potamogeton* (pondweeds) and *Myriophyllum* (milfoils). These species often form a canopy above smaller turf species, and charophytes and are often dotted amongst them without seriously impacting on their density.



***Elodea canadensis* (Canadian pondweed). Photo - The Reservoir Feb 2013**

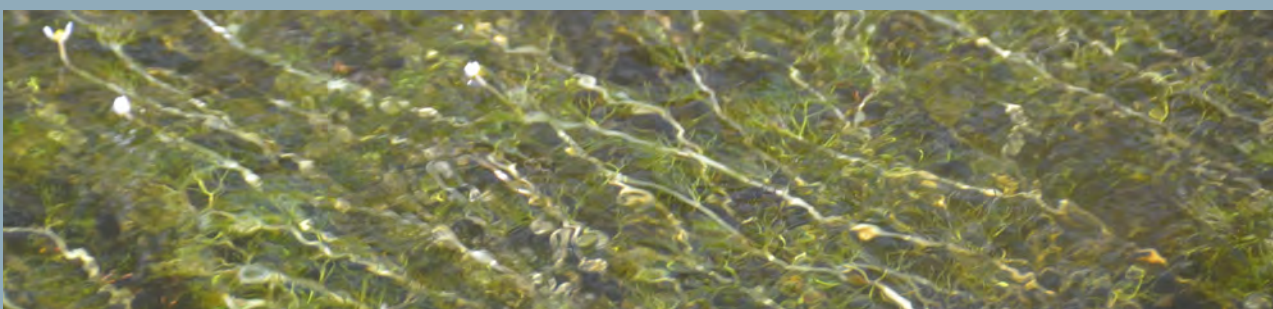
Elodea, an introduced oxygen weed, is an aquatic perennial which can grow easily from fragments and spread via vegetative growth and cause major infestations in many freshwater and slightly saline waterbodies. Classified in "The Lake Managers Handbook - Alien Invaders" (Champion et al. 2002) as a member of the most problematic submerged aquatic weed plant families i.e. Hydrocharitaceae (genera: *Elodea*, *Egeria* and *Lagarosiphon*) and Ceratophyllaceae (genus: *Ceratophyllum*). Patchy distribution, The Reservoir, Lake Vincent.

***Ranunculus trichophyllus* (Water buttercup). Photo - The Reservoir Feb 2013**

Ranunculus trichophyllus (water buttercup) is an introduced species common in freshwater and slightly saline waterbodies. Stems are up to 2m long, leaves are narrow and bright green. Flowers are white with a yellow centre. These mats inhibit the growth of native aquatics, and can interfere with boating and other water recreation. These plants germinate in autumn, grow vigorously in spring, and die off in the summer. The decaying plant matter can make the water extremely enriched and encourage nuisance algal mats near the sediment surface. Isolated patches in The Reservoir near the ocean. Common in Waiau Lagoon.

***Potamogeton crispus* (Curly pondweed). Photo - Waiau Lagoon 2011**

Potamogeton crispus is an introduced species that is tolerant of slightly brackish as well as freshwater. It can survive in low light and low temperatures, and prefers high nutrient water. It spreads mostly by means of vegetative buds (turions) that germinate in autumn. It forms dense mats of vegetation to the surface of the water. These mats inhibit the growth of native aquatics, and can interfere with boating and other water recreation. These plants germinate in autumn, grow vigorously in spring, and die off in the summer. The decaying plant matter can make the water extremely enriched and encourage nuisance algal mats near the sediment surface. Very common in Waiau Lagoon.



2. Methods (Continued)

Table 5. Dominant underwater plants recorded in the four Southland shallow lakes - February 2013.

Emergent Shoreline Plants

These are the dominant visible species of emergent shoreline macrophytes and they include a variety of wetland species that tend to be tall-growing, erect and occupy the lake margin from just above the water line and can extend out into the water to a depth of around 2m. This community is generally only found in sheltered shores such as around the margins in small lakes and is not found in wave-exposed areas.



***Typha orientalis* - raupo.**
Photo - L. Murihiku Feb 2013.
 A vigorous erect clump-forming native plant with spreading rhizomes. Found throughout NZ in shallow fertile waters of sheltered lakes and swamps. Leaves are pale green and large, furry brown, cylindrical seed heads, the lower female part and the narrower upper male part. The seedheads are fluffy when ripe. Raupo dies down in the winter.



***Juncus edgeriae* - wiwi or Edgars rush.** **Photo - The Reservoir Feb 2013.**
 This is the most common indigenous species. Coastal to alpine (1600 m.a.s.l.) but mainly coastal to montane. Usually in open shrubland, fringing wetlands, and in seasonally damp sites. Often found invading pasture and in urban areas. Flowering Oct-Dec and fruiting Nov-April.



***Carex secta* - purei or nigger-head.** **Photo - The Reservoir Feb 2013.**
 An endemic tussock-forming sedge. Found throughout the North, South and Stewart Islands. Widespread in suitable wetlands from coastal to montane wetlands. Flowering Oct-Nov and fruiting Oct-Dec.



***Apodasmia similis* - oioi or jointed wire rush.** **Photo - L. George Feb 2013.**
 Formerly *Leptocarpus similis*. A rush with dark-banded wire-like slightly zigzagging stems. An endemic coastal rush but is also found around peat bogs and hot springs. It flowers from October to December and bears fruit from December to March.



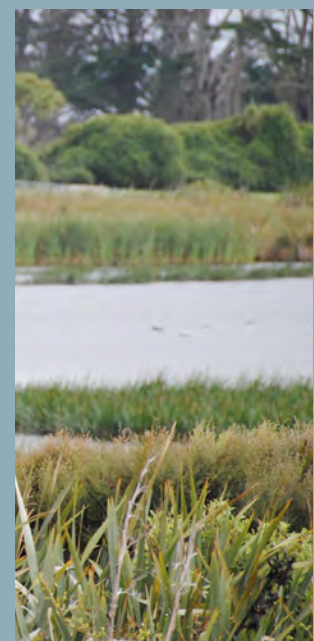
***Carex secta* - L. Murihiku.**



***Eleocharis sphacelata* - bambo spike sedge.** **Photo - Murihiku Feb. 2013.**
 A common native - mainly in lowland areas. Preferring sunny situations where it usually grows in still deep water such as along lake and pond margins, often amongst Raupo. Rarely bordering slowly flowing streams and rivers, bogs.



***Solanum dulcamara* - bitter-sweet or deadly nightshade.** **Photo - Murihiku Feb. 2013.**
 An introduced perennial climber growing to 2.5m by 2.5m at a medium rate. All parts of the plant, including the fruit, are poisonous.



Lake Murihiku Feb 2013

3. RESULTS AND DISCUSSION

The Reservoir, a small soft (3mgCa/l), freshwater shallow lake near Haldane Beach, was sampled on 18-20 February 2013. The weather was sunny with a light westerly wind. Detailed results and discussion are presented below, along with other relevant information.

WATER DEPTH AND MORPHOMETRY

The survey of lake water depth (see Appendix 1 for details on the path followed to collect depth and other information) and morphometry showed a 2.2km long, narrow (mean width ~200m), sinuous lake with a maximum depth of 5.5m and the majority less than 3m deep (Figure 2). The most extensive shallow areas were located at the two ends of the lake and in each of the arms near the centre of the lake. The deepest sections were located in the main body of the lagoon which is aligned southwest into the prevailing wind giving it a relatively long fetch. The northern end, sheltered by surrounding hills, had limited wind fetch.

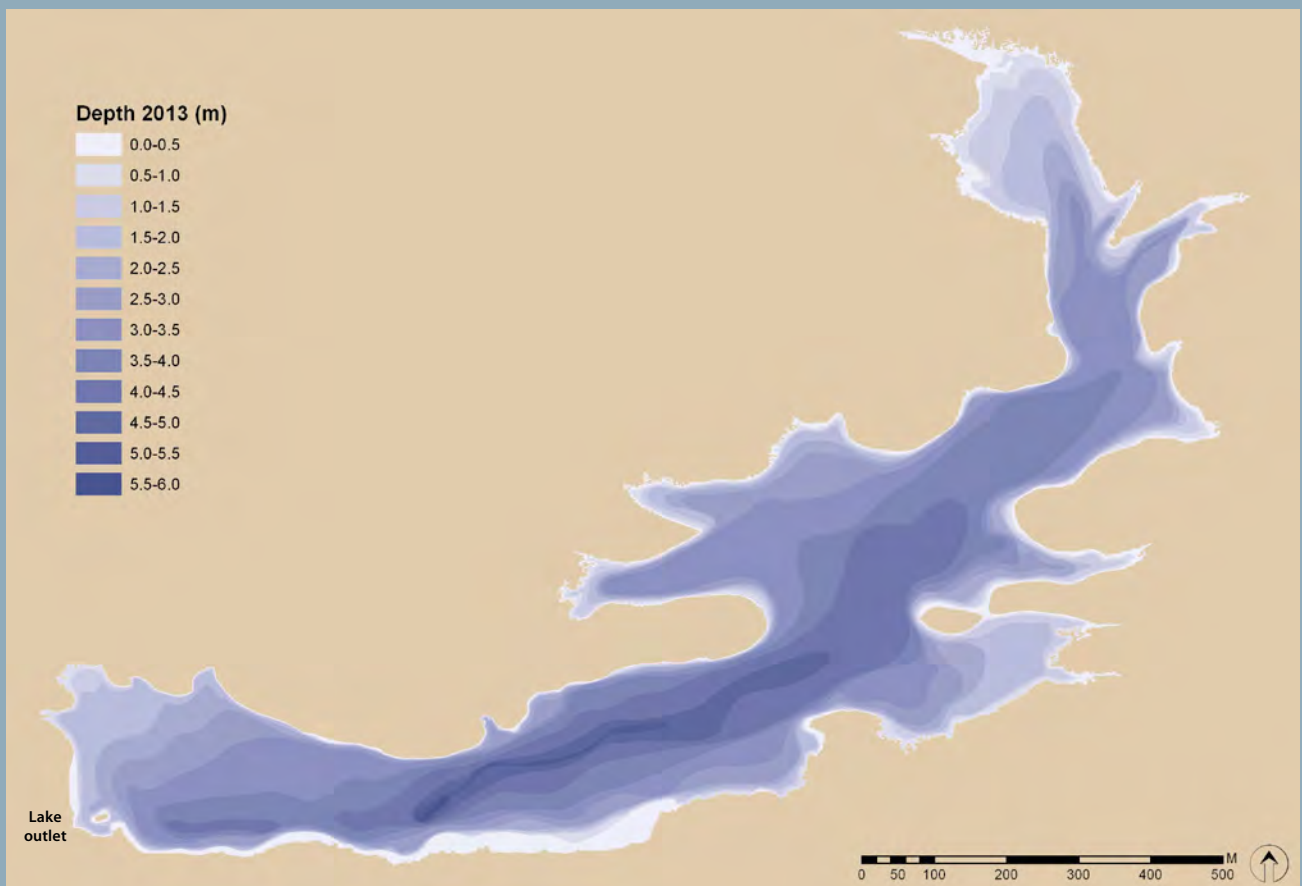


Figure 2. The Reservoir, water depth on 18 February 2013 (detailed transect measurements in Appendix 1).

WATER CLARITY

Secchi disc clarity was similar throughout the lagoon and measured 0.85m at the northern end, and 0.9m in the middle and western ends. Such low values (measured when the lake was calm with no wave mixing), indicate a limited amount of light reaching the bed over much of the lagoon. The cause of the limited clarity was likely to be a combination of shading by phytoplankton, resuspended sediment particles, and water colouration caused by the natural brown humic stain to the water. In 2004 and 2012 (Schallenberg and Kelly 2012) reported colour readings of 32-48 PCU. Such readings were below the level of 50 PCU which Bachmann et al. (2002) found as the boundary between lakes with dense plant cover (as much as 100%) on the lake bottom, and those where bottom cover seldom exceeded 40%. The moderate (rather than high) colour readings reported for the Reservoir indicate that the watershed does not have extensive wetlands and peatlands leaching high levels of dissolved organic carbon into this lake, and that the influence on water clarity from the natural brown stain is therefore in the low-moderate category.

3. Results (Continued)

WATER SALINITY/CONDUCTIVITY

Although the Reservoir was located within 250m of the sea, it consisted primarily of freshwater. Survey results showed a conductivity of 272-279uS/cm, which equates to a salinity of 0.17ppt (c.f. full strength seawater salinity of 34-36ppt). Such readings indicate a relatively low influence of the sea on the lake chemistry. The data shows little difference between surface and bottom salinities, indicating that the lagoon waters were well-mixed.

WATER DISSOLVED OXYGEN

The dissolved oxygen concentrations were approximately 120% saturation throughout the lake in both surface and bottom waters on 18 February 2013. These results confirmed the well mixed nature of the lake.

SUBSTRATE TYPE, REDOX STATUS

The bottom sediments of the lake were dominated by coarser muddy sands at the western end, and finer sandy muds in the northern and central sections (Figure 3). Firm clean sands dominated near the lake edge adjoining the sandhills at the southern end. Such sediment types are typical of shallow coastal lakes in New Zealand. The survey also showed the presence of black, sulphide-rich anoxic sediments, but only in the western half of the lagoon, and brown sediments (redox status uncertain) in the remainder of the lake. The presence of sulphide-rich sediments in the western section is almost certainly attributable to the proximity of this section to the sea and its consequent high sulphate concentrations. The presence of a highly visible anoxic layer, as well as implications for phosphorus (P) availability, is further elaborated on in the next section.

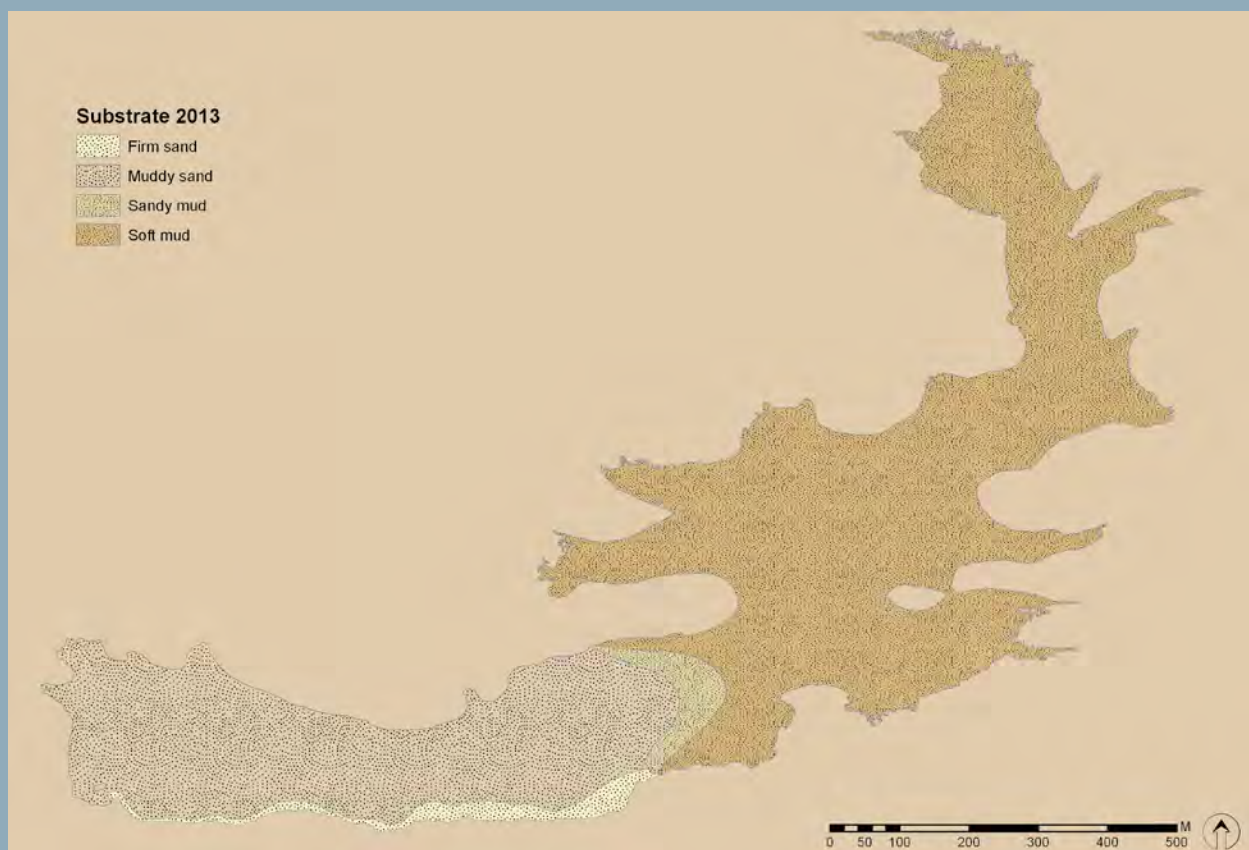


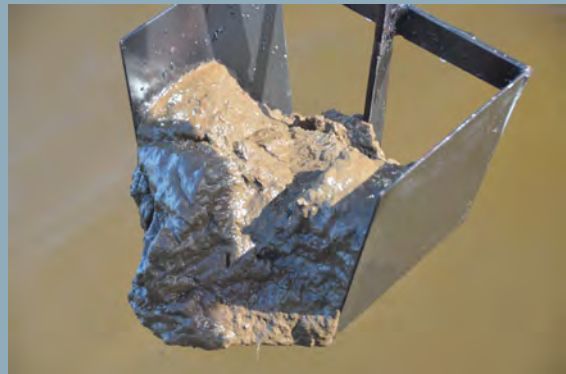
Figure 3. The Reservoir, substrate type on 18 February 2013.

3. Results (Continued)

- **Visibility of RPD Layer.** In estuaries and the ocean, the use of the depth of the Redox Potential Discontinuity (RPD) layer as an indicator of the extent of eutrophication is well understood as a recognizable division zone between oxidised (sub-oxic) and reduced chemical conditions in the sediment (Fenchel 1970, Lyle 1983, Santschi et al. 1990). The oxidised part appears as rust-brown, and the reduced layer below is generally grey or black. Monitoring results indicate that the RPD should be deeper than 2cm to allow the existence of a normal macrobenthic community (Grizzle and Penniman 1991, Tett et al. 2007). This vertical zonation results from the oxidation of organic matter being coupled to a succession of increasingly less energetically-favorable terminal electron acceptors. Oxygen (O_2) is used first; then nitrate (NO_3^-), then manganese Mn(IV), then iron Fe(III), and then sulphate (SO_4^{2-}). The oxidation of sulphates to sulphides is the only one of these redox reactions that produces a strong change in colour marking the presence of the anoxic or reduced zone. Unfortunately, in shallow lakes, sediment sulphate concentrations are often low, so the strong colour marker does not occur and the sediments remain brownish even though they may be strongly anoxic.
- **Influence on Phosphorus Availability.** The low sulphate concentrations in lakes also have an important bearing on which nutrients are in short supply. In lakes, phosphorus (P) is generally the limiting nutrient while in marine waters it is nitrogen (N). To a large extent, this is because in estuaries, and the ocean, dissolved sulphate is elevated which acts to increase P release from the sediments, primarily by the dissolution of P bearing phases (particularly iron-bound P) by hydrogen sulfide generated in the process of microbial sulfate reduction. Because freshwaters have comparatively low dissolved sulphate concentrations, their potential for iron sequestration by sulphides is very limited and consequently explains the higher availability of P in marine and estuarine areas (and with it higher nitrogen limitation) (Blomqvist et al. 2004). In addition, in shallow, well-mixed lakes like those surveyed, the water column is generally always oxic, and allows oxygen to diffuse down into the sediment and keep the redox potential sufficiently high to maintain iron in an oxidised state (i.e. keeps the lid on the sediment P pool). In deeper eutrophic lakes with bottom water anoxia, sediment P release is favoured because iron converts to a dissolved form (FeII) which means adsorbed P dissolves and is transferred to the water phase.



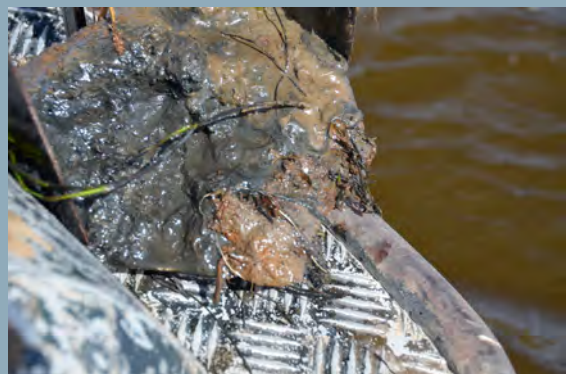
Sulphide rich sediments on the bed of The Reservoir at western end, February 2013.



Brown sediments on the bed of The Reservoir at northern end, February 2013.



Moderate sulphide staining in sediments on the bed of The Reservoir in central basin, February 2013.



Sulphide rich sediments on the bed of The Reservoir at western end, February 2013.

3. Results (Continued)

Table 6. Area of major aquatic vegetation classes.

Vegetation Class	Area (ha)	% of lake
Charophyte	2.4	5
Macrophyte	11.0	23
Rushland	0.5	1
Turf Plants	3.0	6
Unvegetated	31.9	65
Total	48.7	100

MACROPHYTE AND MACROALGAL COVER

The results of the broad scale survey of dominant macrophyte and macroalgal cover (Figures 4, 5 and 6) indicated the following (full list of native and invasive species in Appendix 1 and major vegetation classes Table 6):

- **Macrophyte cover** was estimated at 35% of the total lake area.
- Maximum depth of macrophyte cover (MCD) was 2.2m.
- Native macrophyte cover was estimated at 34% of the lake (97% of vegetated cover) with the dominant species being red pondweed (*Potamogeton ochreatus*), and to a lesser extent, the milfoil *Myriophyllum triphyllum*, the charophyte *Nitella hookeri*, the small turf species *Glossostigma elatinoides*, and *Ruppia polycarpa*.
- Introduced macrophyte cover (Figure 6) occupied 0.65ha (3% of vegetated cover) but was spread over 6% (2.7ha) of the total lake area. It was rarely the dominant cover and the main species were Canadian pondweed (*Elodea canadensis*) and water buttercup (*Ranunculus trichophyllus*).
- The shallow edge emergent zone was dominated by the rush *Juncus edgariae*.
- Turf species (in the 0-1m depth zone) were dominated by *Glossostigma elatinoides* over the majority of the lagoon, and *Ruppia polycarpa* along the sandy, southern border adjacent to the sea.
- In the 0.5-1.5m depth zone, red pondweed (*Potamogeton ochreatus*), the native milfoil *Myriophyllum triphyllum*, and the introduced Canadian pondweed (*Elodea canadensis*) were dominant.
- In the 1.3-2.2m depth zone, the charophyte *Nitella hookeri* was dominant.



Figure 4. The Reservoir, aquatic macrophyte percentage cover on 18 February 2013.

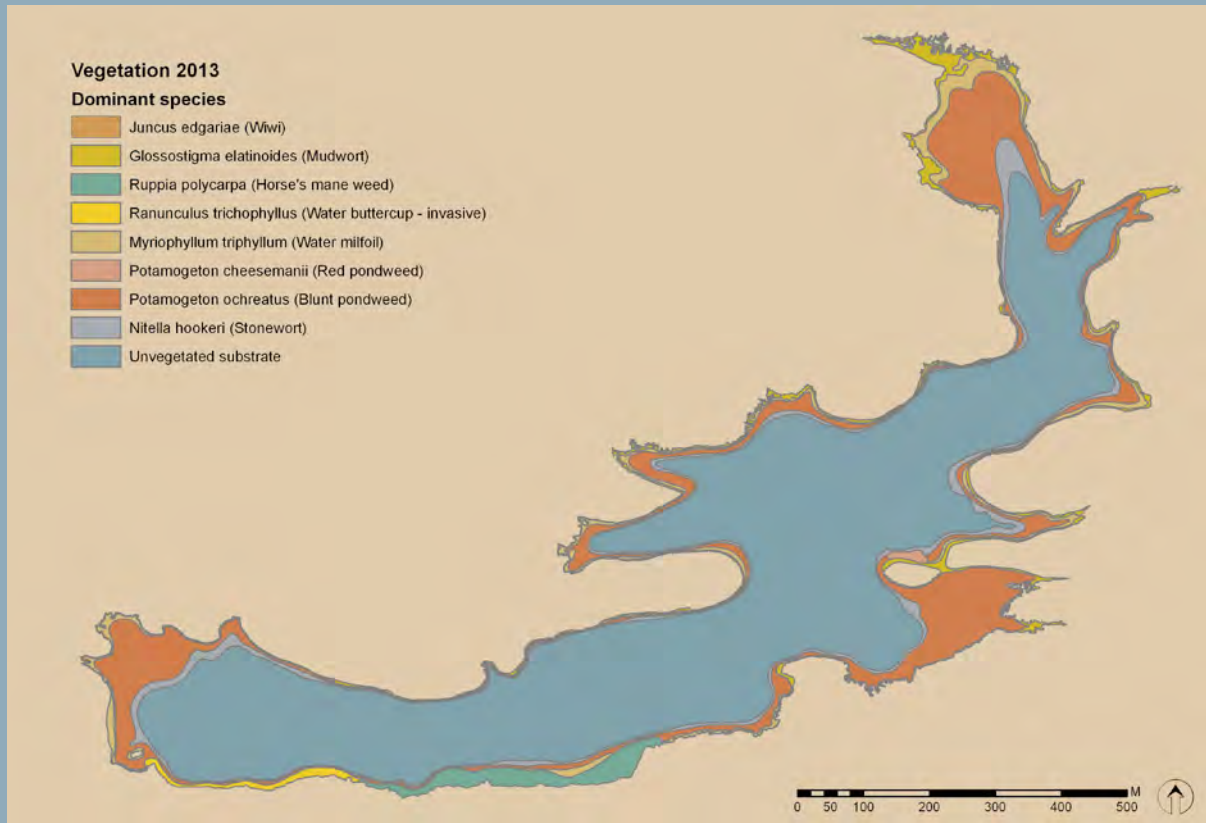


Figure 5. The Reservoir, dominant aquatic macrophyte species on 18 February 2013.



Figure 6. The Reservoir, dominant invasive aquatic macrophyte species on 18 February 2013.

3. Results (Continued)

TROPIC STATUS

As explained in Section 1, in terms of trophic status, shallow lakes (<3m mean depth) are in best condition when macrophytes cover the entire lake bed. However, as they become more nutrient enriched and eutrophic, gaps may occur in the macrophyte cover either temporally (seasonally or between-years), or spatially (macrophyte-free areas). In addition, a shift towards more invasive introduced species can accompany this increase in bare and/or low density areas. When macrophyte cover is low or absent, then phytoplankton often dominate (Sayer et al. 2010).

The results of the 2013 broad scale survey of The Reservoir identify two key features that indicate that the lake is likely to be in a eutrophic state.

1. Macrophyte Cover.

- **As % of Total Lake Area.** Overall lake macrophyte cover occupied only 35% of the lakebed. As indicated in Section 1, macrophyte cover should be at approximately 50% coverage to ensure a clear water state.
- **As % of Maximum Potential.** Applying the modified submerged plant indicators (SPI) management tool, LakeSPI (Table 7) shows that the macrophyte community was under stress as follows: The native vegetation condition index was 60% of its maximum potential (i.e. needs to be increased by 30-40% to reach the state of being a healthy, diverse community growing to greater depths). The invasive vegetation condition index was 37% of its maximum potential (i.e. needs to be decreased by 35% to reach the state of low impact from aquatic plants). The final modified LakeSPI score (52%) that accounts for both native and invasive plant cover and whole lake cover, indicates that the lake is currently expressing only 52% of its maximum potential for submerged macrophyte growth.

Table 7. LakeSPI Scores for 4 shallow lakes using unmodified and the recommended modified approaches (modifications explained on p.4).

	The Reservoir			Lake Vincent			Lake Murihiku			Lake George		
	Points	LakeSPI	Modified LakeSPI	Points	LakeSPI	Modified LakeSPI	Points	LakeSPI	Modified LakeSPI	Points	LakeSPI	Modified LakeSPI
a. Vegetation Max. Depth	1	1	1	2	2	2	1	1	1	1	1	1
b. Native Max Depth	1	-	-	2	-	-	1	-	-	1	-	-
c. Native Diversity	4	4	4	4	4	4	1	1	1	4	4	4
d. Charophyte Meadows	1	1	1	1	1	1	0	0	0	1	1	1
e. Native Distribution	0	0	0	0	0	0	0	0	0	0	0	0
f. Native Ratio	6	6	6	6	6	6	6	6	6	7	7	7
g. Invasive Ratio	1	-	-	1	-	-	1	-	-	0	-	-
h. Invasive Species Impact	3	4	4	3	4	4	0	7	7	0	7	7
i. Invasive Depth Impact	3	2	2	3	2	2	0	5	5	0	5	5
j. Nature of Invasive Cover	2	3	3	2	3	3	1	4	4	0	5	5
k. Invasive Max. Height	1	2	2	2	1	1	1	2	2	0	3	3
l. Macrophyte Overall Cover	3	-	3	8	-	8	0	-	0	5	-	5
TOTAL LakeSPI SCORE	-	23	26	-	23	31	Not appropriate to score due to low submerged cover			-	33	38
Max Potential Score	-	40	50	-	40	50				-	34	44
Final LakeSPI Index (% of max potential)		58%	52%		58%	62%					97%	86%

Note: Scores are based on whole lake broad scale vegetation mapping rather than a limited number of transects.

LakeSPI = LakeSPI Score a+c+d+e+f+h+i+j+k,

Modified LakeSPI = Modified LakeSPI a+c+d+e+f+h+i+j+k+l,

Native Condition Index = Points b+c+d+e+f,

Invasive Condition Index = Points g+h+i+j+k.

3. Results (Continued)



Beds of introduced water buttercup (*Ranunculus triphyllum*) at western end of The Reservoir.

- **Maximum Depth of Plant Colonisation (MCD).** The MCD was only 2.2m despite the lake depth extending to 5.5m near the western end, which indicates low water clarity (secchi disc depth 0.85m) and likely elevated phytoplankton levels.

2. Nutrient Enrichment.

- Schallenberg and Kelly (2012) reported TP concentrations of 46, 21, 25, 36 ug/l, and chlorophyll a concentrations of 5, 10, 8, 20 ug/l in 2000, 2004, 2007 and 2012 respectively. Based on overseas studies of hundreds of shallow lakes (see Section 1), such P and chlorophyll a concentrations are in the range where macrophyte cover is expected to be present, but highly variable in extent, and that a shift from macrophytes to phytoplankton is unlikely to take place (i.e. P concentrations need to be above 50-125ug/l for such a shift). Therefore, these one-off annual measurements indicate a tentative eutrophic status rating for the lake (Burns et al. 1999), but at the lower end of this category.

Taken in combination, the nutrient, chlorophyll a, and macrophyte cover results place The Reservoir in the lower range of the eutrophic category. The key factors influencing its less than maximum potential for macrophyte growth were likely to be the low water clarity that is restricting macrophyte growth to a relatively shallow depth, and the presence of invasive macrophytes. The presence of invasives was likely caused by the transport of seeds and/or vegetative material from other infected waterbodies, combined with nutrient enrichment and less than optimum native macrophyte cover.

The low water clarity was likely to be attributable to a combination of three factors:

- Elevated phytoplankton concentrations.
- Long fetch and exposure to strong prevailing winds which could limit growth through uprooting and turbulence-induced and sediment resuspension.
- The moderate natural dissolved organic matter concentration in the lake (i.e. brown stain), although this latter component is unlikely to be a major contributor (see p15).

To improve the lake's condition, management actions to improve lake water clarity (hence allowing macrophytes to grow to deeper depths) and eradicate introduced species would be recommended.



Muddy sediments and low density *Potamogeton ochreatus* on the bed of The Reservoir at northern end.



Sandhills at southern border of The Reservoir.

3. Results (Continued)



Terrestrial margin northern end.



Sandhill margin at southern end.

Terrestrial and Rushland Vegetation

The broad scale mapping of the dominant vegetation in the 200m terrestrial margin surrounding the lake in 2013 (Figure 7, Table 8) showed a highly modified terrestrial margin, dominated by pastoral grassland (83% of the area), and duneland (16% of the area). Small patches of scrub/forest and flax were also present to the southeast, and there were extensive riparian strips recently planted to the east of the lake. Rushland was dominated by saltmarsh rush (*Juncus edgariae*) and *Carex secta*. Duneland was vegetated with predominantly *Ammophila arenaria* (marram grass) and *Lupinus arboreus* (tree lupin).

Table 8. 200m terrestrial margin vegetation, and rushland 2013.

Terrestrial Margin	Area (ha)	% of margin
• Firm sand	2.8	2.1
• Duneland	20.8	15.7
• Rushland	0.1	0.1
• Tussockland	8.9	6.7
• Grassland	82.4	62.2
• Scrub	6.8	5.1
• Scrub/Forest	10.7	8.1
TOTAL	132 ha	100

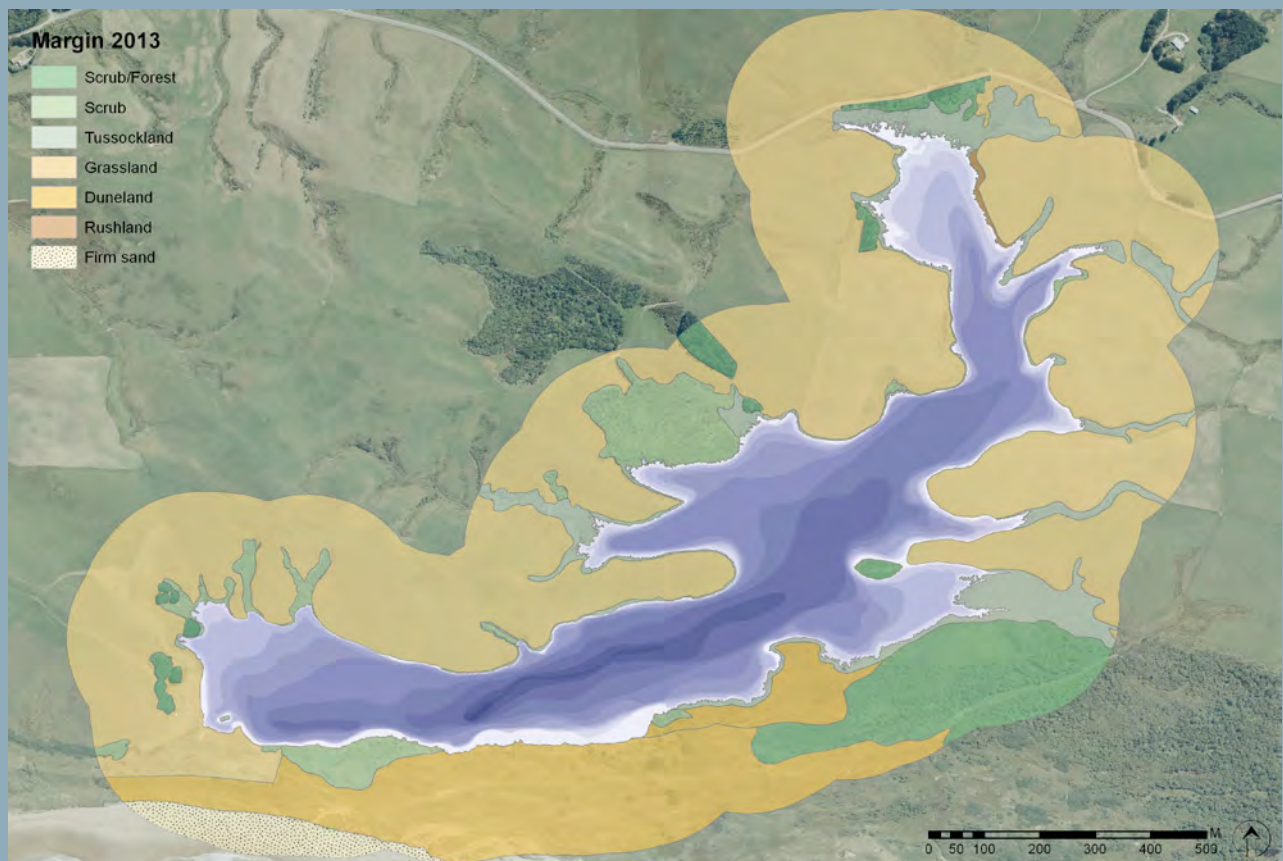


Figure 7. The Reservoir, dominant 200m terrestrial margin vegetation on 18 February 2013.

4. SUMMARY



The results of the 2013 broad scale habitat mapping and macrophyte survey of The Reservoir, identified it as a shallow, exposed, poorly-flushed freshwater coastal lake (maximum depth 5m), situated in a small, primarily agriculturally developed catchment (540ha). As is typical for such small shallow coastal lakes, the water was well mixed, oxygenated, and had a moderate natural brown dissolved organic matter (DOM) stain. The lake bottom was dominated by muddy sands and sandy muds which made it particularly suitable to rooted plant growth, although at the western end toxic sulphides were present.

However, despite the relatively good substrate growing conditions, macrophyte cover was only moderate (35% cover) and overall macrophyte vegetation and diversity were at 52% of their maximum potential (based on the modified Lake Submerged Plant Indicators (LakeSPI) score). This moderate score reflected the dominance of native vegetation (34% of the lake was covered with natives), the relatively low incidence of invasive species (0.7% of the lake), and the fact that macrophyte growth was restricted to shallow depths (<2.2m).

The cause of this reduced macrophyte cover was attributed to the low water clarity (0.8m) restricting the maximum depth at which plants could grow. In turn, the low water clarity was likely the result of a combination of firstly, excessive phytoplankton levels, secondly sediment resuspension through wind exposure and, thirdly, to a lesser extent, the natural brown stain to the lake. Which factor was dominant is unclear, although given the elevated chlorophyll a concentrations in previous years, it is likely that excessive nutrient loads causing elevated phytoplankton levels were likely to be a major stressor. Schallenberg and Kelly (2012) reported TP concentrations of 36 mg/l and chlorophyll a concentrations of 20 ug/l in 2012.

Taken in combination, these results indicate that the lake is currently in a “lower eutrophic” or relatively enriched condition. This condition is likely to be exacerbated by the following characteristics of the lake and catchment:

- the developed nature of the catchment and associated enhanced nutrient runoff,
- enhanced sediment phosphorus availability from its sulphate rich sediments,
- relatively poor flushing of nutrients from the lake (i.e. moderate water residence time of 55 days reported by Schallenberg and Kelly, 2012),
- wind-driven resuspension of sediment nutrients,
- the natural brown DOM stain to the water.

A brief summary of recommended targets and actions for improving macrophyte condition is presented in the following table.

Indicators	Existing Condition	Target Condition	Action
Sub-Optimal Macrophyte Cover	35% macrophyte cover. Macrophytes at 60% of maximum potential (LakeSPI).	>50% macrophyte cover but only if cover is not limited by natural conditions. Improve LakeSPI to 80-90% of maximum potential.	If water clarity is not mainly limited by natural processes (e.g. sediment resuspension, DOM stain), then improve water clarity by reducing P input loads.
Presence of Invasive Macrophytes	1.3% of lake occupied by invasive macrophytes but not the worst types.	Maintain at existing level or improve.	Monitor macrophyte diversity and cover regularly to measure any trends of increasing invasive cover and/or new incursions. Manage the lake to improve conditions for native macrophyte cover.
Nutrients (primarily P)	Schallenberg and Kelly (2012) reported TP concentrations of 46, 21, 25, 36 mg/l and chlorophyll a concentrations of 5, 10, 8, 20 mg/l in 2000, 2004, 2007 and 2012 respectively. These one-off annual measurements indicate a tentative eutrophic status rating for the lake (Burns et al. 1999)	Reduce TP loads to the lake so that a mean TP lake concentration of <20ug/l mean is met (i.e. return to a mesotrophic condition).	Undertake desktop model calculations (e.g. PCLake) to calculate appropriate nutrient load guidelines for the lake.

5. MONITORING RECOMMENDATIONS

The key indicator of the ecological condition of shallow lakes is the presence of a healthy cover of primarily native macrophytes. Multiple shallow lake studies from overseas indicate that submerged macrophyte cover needs to be >50% to ensure a clear water state. Because macrophyte cover in The Reservoir was at the lower end of this guideline, i.e. only 52% of its potential, and included invasive species, it is recommended that broad scale habitat mapping of macrophyte diversity and abundance be undertaken during Jan-March at 5 yearly intervals and that this includes a variety of representative permanent transects. Such a survey will provide sufficient data to establish lake trophic condition trends using macrophyte based tools and guidelines such as LakeSPI, and the results of similar type lake studies. In addition, on each sampling occasion, it is recommended that water quality data (DO, conductivity, temperature, secchi disc, total nitrogen and total phosphorus) also be measured at one central site, and that broad scale mapping includes identification of sediment substrate type and presence of visible sulphides throughout the lake.

6. MANAGEMENT RECOMMENDATIONS

To improve the lake macrophyte cover to a level that ensures a clear water state with improved water clarity (i.e. achieve a target of >50% macrophyte cover and improve the LakeSPI score), the following management actions, undertaken in a step-wise fashion, are recommended.

- **Step 1. Determine Likely Success of P Load Reduction to improve Water Clarity.** In order to assess whether P input load reductions would be sufficient to improve water clarity, and hence extend macrophyte cover, a short term survey is recommended as follows: measurements of wind conditions, chlorophyll a and secchi disc should be undertaken in Jan-March in one year. Monitoring should include at least 3 windy days and 3 calm days (where the previous day was also calm).
- **Step 2. Determine Appropriate Nutrient Load Guidelines.** Develop appropriate nutrient load guidelines for the lake that will maintain the lake at close to maximum macrophyte potential and hence ensure a clear water state.
- **Step 3. Determine Current Nutrient Loads.** Identify current nutrient loads to the lake through land-use yield estimates, augmented with validation monitoring of the main input stream.
- **Step 4. Reduce Input Nutrient Loads to Meet Guidelines.** If nutrient load guidelines are not currently being met, undertake investigations to identify primary sources and develop plans to reduce loads from these sources to a level that meets guidelines.
- **Manage Invasive Aquatic Plants.** Eradication of invasive submerged weeds is difficult and expensive once they are well established in a water body (Champion et al. 2010). However, if new incursions can be detected early enough, the options for containment and eradication are both increased and have a greater chance of success with minimal damage to other components of the aquatic biota. Regular broad scale mapping of macrophyte diversity and cover of at-risk lakes is therefore encouraged as the most effective tool for identifying incursions at an early stage, as well as its primary role of monitoring trends in shallow lake trophic condition. In general, eradication of invasive species has generally only been undertaken in NZ shallow lakes where only the very worst types of invasive species have been found (i.e. *Lagarosiphon major*, *Egeria densa* and *Ceratophyllum demersum*). Fortunately, these types were not found in The Reservoir, but those that were found (primarily Canadian pondweed *Elodea canadensis* and to a lesser extent water buttercup *Ranunculus trichophyllus*) were well established and hence would be difficult to eradicate. The recommended approach in this case is therefore to monitor macrophyte diversity and cover regularly to measure any trends in existing cover and to detect any new incursions.

7. ACKNOWLEDGEMENTS

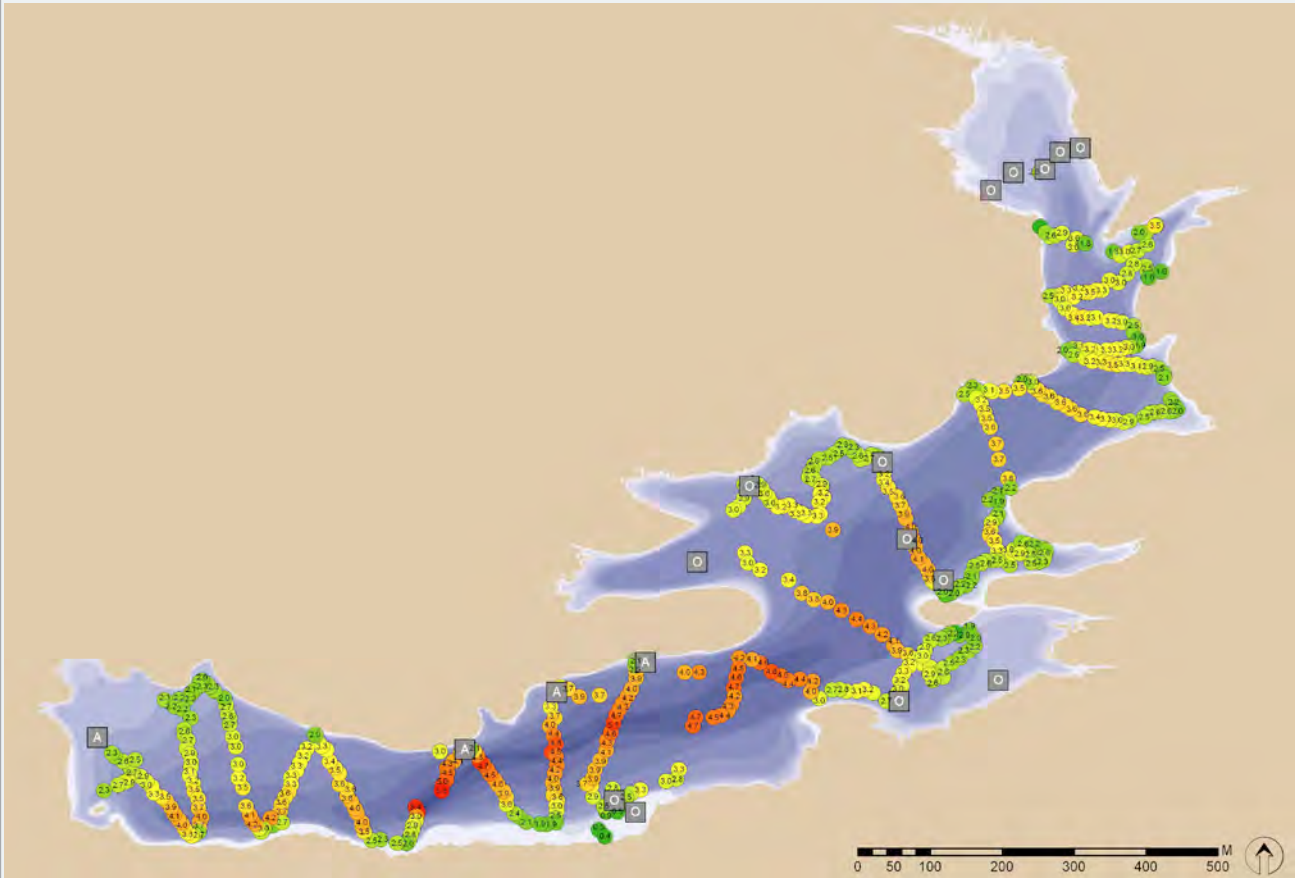
This survey and report has been undertaken with help from various people including Andy Hicks (Aquatic Ecologist, Environment Southland), and local landowners who provided access and valuable local information.

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APPENDIX 1

Appendix Figure 1. Transect path used in broad scale assessments of sediment, vegetation, depth, and water quality, The Reservoir, 18 February 2013. Also shown are records of the presence of black sulphide rich, anoxic surface sediments (A) and lighter brown coloured sediments with no clear black sulphide rich zone (O).



Summary of water chemistry results, The Reservoir, 18 February 2013.

	Southern End		Central Basin		Northern End	
	Surface	Bottom	Surface	Bottom	Surface	Bottom
Secchi Depth (m)	0.9		0.9		0.85	
DO (mg/l)	11.97	11.7	12.0	11.6	11.7	11.1
DO (%sat)	121.1	110.0	121.8	117.5	110	119
Temp (degC)	16.0	16.0	16.3	16.1	16.5	16.1
Conductivity (uS/cm)	279.8	279.0	278.0	279.0	277.3	277.3
Sed Type	mud		muddy sand		muddy sand	
Sulphides	strongly visible		slightly visible		not visible	

Appendix 1 (Continued)

Summary results of dominant vegetation found in The Reservoir, 18-20 February 2013 (invasives shaded in red).

Dominant Class	Dominant Species	Sub-dominant 1	Sub-dominant 2	Sub-dominant 3	Sub-dominant 4	Percent cover	Species % Cover	Depth (m)	Area (ha)
Rushland	<i>Juncus edgariae</i>					40-70	d	0.0-0.5	0.4
	<i>Juncus edgariae</i>					10-40	m	0.0-0.5	0.02
	<i>Juncus edgariae</i>					<10	s	0.0-0.5	0.0
	<i>Juncus edgariae</i>	<i>Carex secta</i>				40-70	m, m	0.0-0.5	0.0
	<i>Juncus edgariae</i>	<i>Carex secta</i>				10-40	m, s	0.0-0.5	0.0
	<i>Juncus edgariae</i>	<i>G. elatinoides</i>				10-40	m, s	0.0-0.5	0.1
Macrophyte	<i>Potamogeton cheesemani</i>					70-100	d	1.5-2.0	0.1
	<i>Potamogeton ochreatus</i>					70-100	d	1.5-2.0	6.5
	<i>Potamogeton ochreatus</i>	<i>M. triphyllum</i>				70-100	d, m	1.5-2.0	2.0
	<i>Myriophyllum triphyllum</i>	<i>Elodea canadensis</i>	<i>P. ochreatus</i>			40-70	d, m, d	0.5-1.0	1.2
	<i>Myriophyllum triphyllum</i>	<i>P. ochreatus</i>				70-100	m, d	0.5-1.0	0.7
	<i>Myriophyllum triphyllum</i>	<i>R. trichophyllum</i>	<i>Ruppia polycarpa</i>			10-40	m, m, s	0.0-0.5	0.1
	<i>Myriophyllum triphyllum</i>	<i>R. trichophyllum</i>				10-40	m, s	0.0-0.5	0.0
	<i>Myriophyllum triphyllum</i>	<i>Elodea canadensis</i>				10-40	m, m	0.5-1.0	0.1
	<i>R. trichophyllum</i>	<i>M. triphyllum</i>	<i>Ruppia polycarpa</i>			10-40	m, m, s	0.0-0.5	0.3
Charophyte	<i>Nitella hookeri</i>					0-10	s	2.0-2.5	2.4
Turf Plant	<i>Glossostigma elatinoides</i>	<i>M. triphyllum</i>	<i>Juncus edgariae</i>			40-70	d, m, m	0.0-0.5	0.8
	<i>Glossostigma elatinoides</i>	<i>M. triphyllum</i>	<i>R. amphitrichus</i>	<i>Carex secta</i>	<i>J. edgariae</i>	40-70	d, m, m, m, s	0.0-0.5	0.6
	<i>Glossostigma elatinoides</i>	<i>M. triphyllum</i>	<i>Juncus edgariae</i>			40-70	d, m, m	0.0-0.5	0.1
	<i>Ruppia polycarpa</i>	<i>M. triphyllum</i>	<i>R. trichophyllum</i>			10-40	m, m, s	0.0-0.5	1.0
	<i>Glossostigma elatinoides</i>	<i>M. triphyllum</i>				10-40	m, s	0.0-0.5	0.5
	<i>Glossostigma elatinoides</i>	<i>M. triphyllum</i>				0-10	m, s	0.0-0.5	0.0
Unvegetated	Unvegetated substrate					0		>2.5	31.9

Note: * Species % Cover (sparse 0-10%, moderate 10-40%, dense 40-70%, extensive 70-100%)

Summary results for invasive species found in The Reservoir 18-20 February 2013.

Dominant Invasive Species	Area (ha)	% cover of invasives	Area with invasives (ha)	Density of vegetation (area x % cover)
<i>Ranunculus trichophyllum</i> (Water buttercup)	0.3	40	0.3	0.11
	0.11	30	0.11	0.03
	1.0	10	1.0	0.10
<i>Elodea canadensis</i> (Canadian waterweed)	1.1	30	1.1	0.33
	0.2	30	0.2	0.07
Vegetated but no invasive species present	14.1	0	0	10.2
Unvegetated habitat	31.9	0	0	0
Total	48.7 ha		2.7 ha (6%)	10.8 ha

Invasive species are present in 6% of the lake, and comprise ~6% of the overall vegetation present, equating to 0.64 ha or 1.3% of the total lake area.